# BLOOMINGDALE BOUROUGH BOARD OF HEALTH REGULAR MEETING MINUTES – March 2, 2020

#### I. Call to Order.

Ms. Petersen called the meeting to order at 7:31 p.m.

### II. Roll Call.

Present: Petersen, Parry Carney, Fallon, Tierney, Lovelace and Iglesia

Excused: Reynolds

Also Present: Tim Zachok, Senior REHS, Dawn Hudson, Council Liaison,

### III. Approval of Minutes.

Motion was made by Ms. Fallon to approve the January 6, 2020 minutes with corrections. This motion was seconded by Mr. Lovelace and unanimously approved.

# IV. Acceptance of Reports

After discussion of the presented reports a motion was made by Ms. Tierney with a second by Mr. Iglesia and the Health Department Reports were unanimously approved.

#### V. Unfinished Business

### Mayor's Wellness Campaign:

- 1. The February 8, 2020 Healthy Eating class was held but attendance was poor. Six people attended along with a few members of the Board. Members expressed concern about the low attendance and the need to have more people attend to make it worth the presenter's time. The Board members who attended stated the program was very informative and that the speaker was very knowledgeable and taught the information very well. They also indicated that the other individuals who attended expressed satisfaction with the program. The class only had three "likes" on social media despite a strong push on social media by certain board members. In addition the speaker has had changes in her schedule and is no longer able to do the Saturday morning time frame. The March 8th date. A discussion ensued regarding ideas for getting the communication to more people and several ideas were put forward with members volunteering to follow up:
  - a. Fliers in backpacks Ms. Petersen will contact the Board of Education
  - b. New strategy Suggestions included
    - i. partner with a restaurant Ms. Tierney offered to contact Danny's Italian Restaurant & Pizzeria because this located next to food choices created by the restaurant that can be tested by those in attendance with the idea that these might be added to the restaurant's menu.
    - ii. Venue Recreation Center so the restaurant is not crowded with people impacting the restaurant's business. Ms. Petersen will contact the Recreation Center for permission.
    - iii. A presentation by the speaker and Mr. Iglesia will contact her to arrange date and time.
    - iv. New flier Mr. Zachock will have ti created once details are finalized.
    - v. Asking the restaurant to put fliers with all takeout and delivery orders was suggested by Ms. Hudson
    - vi. Offer a prize suggestion of a Fitbit for a prize by Ms. Hudson. Mr. Zachock will explore the possibility.
    - vii. Potential dates & times April 25 or 26 at 12 2:30. Specific agenda to be determined.

100 Mile Challenge: Mr. Iglesia explained this program which he created via social media and discussed how it could be part of the Mayor's Wellness Campaign. Participants commit to walk 1 mile per day with a goal of achieving 100 miles in a year. He started the program in January and talked about people out there walking even in the cold and wind. Twenty seven people from around the country are participating. A suggestion was made to dovetail this was a once a month walk with specific individuals from the borough: mayor, police chief, fire chief, etc. Getting a celebrity was also suggested. No immediate decisions were made regarding this idea but members thought it should be considered for the near future.

<u>Food Handling Class</u>: Mr. Zachock reminded the members of the upcoming food handler classes that all board members are welcome to attend. Information is on the flier that was emailed to all from Mr. Zachock.

#### VI. New Business

<u>Board of Health Appointments:</u> Rory Lovelace has been reappointed to the Board of Health and Marco Iglesia has been appointed alternate. Ms. Peterson reviewed the importance of this commitment with all Board members. This includes attending the meetings and responding "reply all" on meeting notifications and other communications related to Board activity.

Coronavirus: Ms. Hudson inquired about education to community members including the schools, police, EMS, Fire and general community regarding the coronavirus. Mr. Zachock indicated the nurses have been providing information to people calling the department. They are also monitoring people who might have been exposed. Educational programs are being offered but he did not have specific information. He said he would get that information for the Board members including any education being done by the schools. Ms. Hudson suggested putting information from the CDC on the borough's website and social media. Ms. Carney expressed concern about the frequency of changes in the information coming from the CDC and that this would be difficult to keep up with on the other sights. She also felt it was important that the information be complete and include what is being done locally. Mr. Iglesia suggested a video such as a Public Service Announcement from the mayor. Ms. Carney will follow-up with Mr. Correale regarding all of these concerns and ideas. Because of the urgency of these concerns, Ms. Carney will provide information to the Board members before the next meeting.

Who Am I? Ms. Hudson informed the Board of this communication program that the borough is beginning to introduce borough workers and volunteers to the community.

# VII. Public Discussion

Motion was made by Ms. Fallon to open the meeting to public discussion. This motion was seconded by Ms. Tierney and all voted in favor. As there was no public wishing to address the Board, a motion was made by Ms. Tierney to close the meeting to public discussion. This motion was seconded by Mr. Lovelace and all voted in favor.

### VIII. Adjournment

Motion was made by Mr. Lovelace to adjourn the meeting at 8:41 p.m. This motion was seconded by Mr. Iglesiaand all voted in favor.

Approved:

Linda Parry Carney Secretary Board of Health