

Events & Activities**March 2023 Calendar**

Bloomingdale Senior Center

Wednesday, March 1st	10:30 am	Balance Class
Friday, March 3rd	10:30 am	Chair Aerobics
Monday, March 6th	Chair Aerobics Cancelled	
Tuesday, March 7th	1:00 pm	Line Dancing
Wednesday March 8th	10:30 am	Balance Class
Thursday, March 9th	10:00 am	Wise Program with Donnie, Pain Managing
Friday, March 10th	10:30 am	Chair Aerobics
Monday, March 13th	10:30 am	Chair Aerobics
Tuesday, March 14th	1:30 pm	Golden Age Club
Wednesday, March 15th	11:00 am	St. Patricks Party/Lunch \$25.00 must sign up in Advance
Thursday, March 16th	10:00 am	Movie: <u>Fabelmans</u>
Friday, March 17th	10:30 am	Chair Aerobics
Monday, March 20th	10:30 am	Chair Aerobics
Monday, March 20th	<u>9:30 am</u>	<u>Bus leaves</u> for Italian Fest <u>Trip</u> , Staten Island
Tuesday, March 21st	10:00 am	Bingo with Crystal
Tuesday, March 21st	1:00 pm	Line Dancing
Wednesday, March 22nd	1:30 am	Balance Class
Friday, March 24th	10:30 am	Chair Aerobics
Monday, March 27th	10:30 am	Chair Aerobics
Tuesday, March 28th	1:30 pm	Golden Age Club
Wednesday, March 29th	10:30 am	Balance Class
Thursday, March 30th	10:00 am	Movie: Till
Friday, March 31st	10:30 am	Chair Aerobics
Thursday, <u>April</u> 6th	10:00 am	Alps Rehab Nursing, Info and Light Breakfast