

# June 2026 Phone Number 973-569-4099

PASSAIC COUNTY DIVISION OF NUTRITION SERVICES

Congregate

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>1</u> Juice Oven Fried Chicken Mashed Potato Corn Bread Applesauce	<u>2</u> Juice Mac and Cheese Stewed Tomatoes Peas Roll Fudge Brownie	<u>3</u> Juice Lemon Mustard Chicken Potato Wedges Red Cabbage Bread Vanilla Pudding	<u>4</u> Juice Baked Ziti Meatballs Carrots Roll Diced Peaches	<u>5</u> Juice Braised Chicken Brown Rice Pilaf Broccoli Bread Gelatin Cup
<u>8</u> Juice Roast Turkey Breast Sweet Potato Corn Roll Diced Pears	<u>9</u> Juice Pierogies & Saurkraut Potato Salad Green Cabbage Roll Orange	<u>10</u> Juice Baked Chicken Tenders Mac and Cheese Green Beans Bread Chocolate Pudding	<u>11</u> Juice Pork Stew White Rice Zucchini Roll Diced Peaches	<u>12</u> Juice Eggplant Rollatini Mashed Potato Carrots Roll Chocolate Chip Cookies
<u>15</u> Juice Baked Pollock Rice Pilaf California Mixed Blend Bread Vanilla Pudding	<u>16</u> Juice Chicken Cacciatore Penne Peas and Carrots Bread Orange	<u>17</u> Juice Pulled Pork Roasted Potatoes Peas&Carrots Hoogie Roll Diced Peaches	<u>18</u> Juice BBQ Chicken Thigh Mac and Cheese Stewed Tomatoes Bread Apple	<u>19</u> <b>Closed Holiday</b> 
<u>22</u> Juice Lemon Chicken Thigh Cilantro Lime Rice Broccoli Bread Crispy Rice Bar	<u>23</u> Juice  BBQ Meatloaf Potato Wedge Asian Mixed Vegetables Bread Vanilla Pudding	<u>24</u> Juice Pork Cutlet Mashed Sweet Potato Green Beans Roll Shortbread Cookie	<u>25</u> Juice Stuffed Manicotti Meatballs Spinach&Mushroom Roll Apple	<u>26</u> Juice Pancake Sausage Link Hashbrown Bread Shortbread Cookie
<u>29</u> Juice Salsbury Steak White Rice Green Beans Roll Applesauce	<u>30</u> Juice Teriyaki Chicken Fried Rice Corn Bread Brownie			

**Portion Sizes:**

- \* Meat or Alternative - 3 oz. Cooked
- \* Vegetables and Fruits - 1/2 cup serving each
- \* 1/2 pt. Milk
- \* All menus provide 1/3 of the Daily Recommended Allowance

Fruit and Vegetable of the Month:  
Cherries and Broccoli

**Prepared by:** John Chipman, Program Dietitian  
All menus are subject to change