

# What You Need to Know about Influenza

When: Tuesday, September 29<sup>th</sup>, 6:30 pm  
Where: Bloomingdale Fireman's Hall  
Who: Rachel Lendner, MPH, CHES  
Health Educator, Bloomingdale Health Department  
Why: Learn about:

- the different types of influenza
- what you need to do to stay healthy
- how to prepare yourselves and your family for flu season



For more information call:  
Pequannock Township Health Department: (973)  
835-5700 x115