

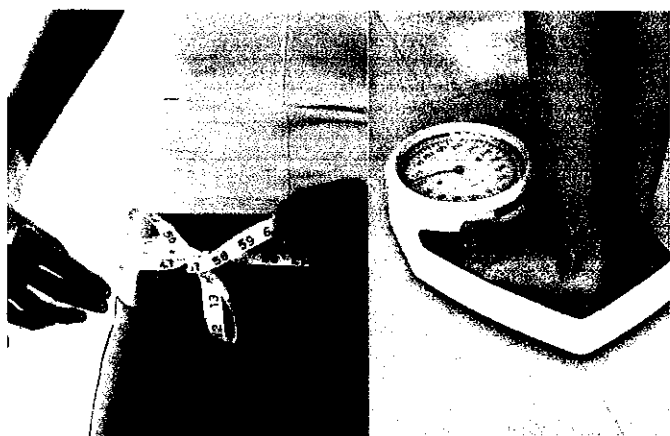
BLOOMINGDALE'S TOXIC WAISTLINES 100-day challenge

Sponsored by:



Mayors Wellness Campaign

Put your community in motion.



PRIZES
go to the

TOP MALE and FEMALE
BLOOMINGDALE PARTICIPANTS
who lose the most weight

Don't just lose weight ... reduce the
toxic inches around the stomach and
abdomen and get healthy!

**Bloomingtondale is
participating in a town-wide
contest February 1st to May
11th to see which participant
can lose the most inches in
100 days!**

To participate, contact Sandy
973.838.0778 ext 237 or
scaparotta@bloomingtondale.nj.net

**Weigh-in & measurement dates, times and
locations below:**

February 1
9:00 am – 2:00 pm
6:30 pm – 8:30 pm
Town Hall

**For More Information Go To
www.bloomingtondale.nj.org**

Bloomingtondale Animal Control
is hosting a

Free Rabies Clinic

(You do not need to be a resident to attend)

When: Saturday, February 13th

Time: 11am - 1pm

Where: Bloomingtondale
DPW Garage
178 Union Ave.

Please have dogs on leashes and cats in carriers.

